



Families, Young People and Children's Services

# **How to get to Westcotes Health Centre**

Westcotes Health Centre is a modern, two storey building with yellow brick walls. You can see the Health Centre from the Street.

Limited parking is available at the centre and the entrance to this is on Westcotes Drive. Should this car park be full, there is paid for parking on Fosse Road Central which sits to the left of Westcotes Health Centre.

To enter the building, use the main entrance rather than through the pharmacy. The main door is marked by a mint green plinth outside (A picture of this is below). When you enter through the door, the main reception desk is directly in front of you. Let the receptionist know you have arrived for your Paediatric Psychology appointment and they will call your healthcare professional to come down to collect you.

The building is accessible to people with disabilities. Please let us know before your appointment if you need disabled access so that we can make sure your appointment takes place in the most appropriate room.

# Our details

Westcotes Health Centre Fosse Road South, Leicester LE3 0LP

Tel: 0116 295 3140





Westcotes Health Centre Main entrance

## How to get to us

### How to get here on public transport:

For full up-to-date information, please ring Traveline on 0871 200 2233 or visit <a href="https://www.traveline.info/">https://www.traveline.info/</a>

Families who are in receipt of benefits may be eligible for reimbursement of bus fares. Please request a refund claim form from reception.

### **How to get to here from Leicester City centre:**

Head out of the City on Saint Augustine Road via St Nicholas Circle (signposted

Hinckley A47). Keep going straight (past the Narborough Road exit to your left) onto the A47/King Richards Road. At the traffic signals, turn left onto Fosse Road Central. Pass straight over the crossroads (Hinckley Road), then take the third right onto Westcotes Drive. The driveway to Westcotes Health Centre is on your right just before Westcotes House.

### **Parking at CAMHS:**

Free but limited on-site car parking is available located directly in front and at the side of the building. Disabled parking is also available.

There is a paid car park on <u>link way gardens</u> around the corner a very short 5 minute walk and further free street parking on Braunstone Avenue further up the hill.

# Important additional information for CAMHS patients

### We welcome your feedback

We would like you to think about your experience of our service. We would appreciate it if you could take a few minutes to scan the QR code on the right to take a short survey. By answering the questions, it will help us to understand your overall experience. This will help us to measure and improve the quality of care we give at Leicestershire Partnership NHS Trust. All of your answers are anonymous.



### **Appointments**

If you cannot attend your appointment, please contact CAMHS as soon as possible on the contact number on your letter to discuss this. We will do our best to understand what is making this hard and find a way to help you to attend. Any appointments that you miss slow the process down, potentially delaying your treatment. Also, another young person who needs help could have had your appointment so if you can't attend your appointment (which is okay – sometimes things happen), please let us know as soon as possible by contacting the number on your appointment letter so we can reschedule your appointment and offer your cancelled appointment to another young person. If you miss multiple appointments without contacting us, we will close your case and remove you from CAMHS care so it's really important to keep in contact with us.

### **Smoke Free**

Please remember that Leicestershire Partnership NHS Trust is a "smoke free" organisation. What that means is that when you attend for your appointment, you **will not be allowed to smoke in Trust buildings OR grounds**. In addition, the Trust has a commitment to supporting those who wish to reduce or stop smoking, through the provisions of Nicotine Replacement Therapy, as well as advice and guidance. If you would value the Trust help on this matter please ring 0116 295 4141, alternatively for a range of online support you can visit <a href="https://www.quitready.co.uk">www.quitready.co.uk</a>

# **Support services**

Health for Teens is an online platform that provides a diverse range of content and quizzes on various health-related topics. From sexual health to growing up, lifestyle and beyond. Our team of medical professionals including doctors, psychologists, nurses and other clinicians from CAMHS constantly create fresh content for the site. Additionally, we have a dedicated CAMHS area that provides information about our specialised teams. To visit our dedicated CAMHS area, please scan the bar code on the right.

