

Therapeutic observations

All patients on the ward will be placed on a therapeutic observations level, which means staff will check on your wellbeing as a minimum of every hour. On admission, this is likely to be multiple times during the hour, until the team are aware of how to safely manage you and your risks. At times, you may be allocated a staff member to be with you all of the time, either within eyesight or at arm's length so that staff can engage with you to keep you safe.



Your observation levels will be reviewed daily by the ward team and will always look to reduce these at the earliest opportunity. Staff will make you aware of your level of observations as part of your ongoing care plan review. Therapeutic observations will continue throughout the night even while you are in bed and staff will need to enter your room. However, staff will aim to keep disruption to a minimum to ensure that you are able to get sleep but do need to be able to see your face, neck and hands.

Calls bells

On admission to the ward, you will be assessed and offered a call bell wristband, so that you can get help from staff on the ward.

The WristPIT is an individual call system device which uses an infrared transmitter. It is connected to the ward control box so that nursing staff know when you need help. The WristPit:

- allows you to call for assistance from anywhere on the ward
- provides an increased sense of security



Please remove your WristPIT when washing as they become damaged when wet.

There are also call bells located around the ward, in your bedroom and in the en suite and toilet areas. These can be activated by pressing them and they will sound in the nursing office and alert them that you require help.

Somebody will attend and speak to you about the help you require and make a plan for when this will take place.

