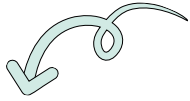


# Autism Assessment Process for Adults in Leicestershire



## Gather information

Create a list of any difficulties with social communication, social interaction, rigid and repetitive behaviours, and sensory sensitivities detailing lifelong impact. Include childhood history and development.

## Speak to your GP

Referrals to the Adult Autism Assessment Service usually come from the GP or adult mental health team.

## Fill in questionnaires

You will be sent multiple questionnaires to fill in. Try and do so with as much information as possible. Consider the benefit of why you may need a diagnosis.

## Initial Assessment

If the referral is accepted you will have a short appointment to gain information around possible autism. You will need to take someone with you who has known you for a long time. They will have to answer questions about you. You may be discharged after the initial assessment.

## Full Assessment

A half day assessment usually with a consultant or one of their team members. You will need to take someone with you who has known you a long time. You may or may not receive a diagnosis after this stage.

