



Keeping adults safe from abuse or neglect in Leicester, Leicestershire and Rutland

SEE
something

Abuse or neglect

is always wrong

SAY
something

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LINK TO BE SUPPLIED

Safeguarding adults is about

working with people with care and support

needs who experience abuse or neglect

Scan the QR code to watch a short animation



LINK TO BE SUPPLIED

What to do if abuse or neglect is taking place?

Tell a trusted person as soon as possible.

- This could be:
- trusted friends or family members
 - other trusted professionals
 - social care worker
 - your doctor
 - other health professionals
 - care workers
 - nurse
 - police

Any concerns about yourself or an adult who is unable to protect themselves from being abused or neglected, contact Adult Social Care in the area you live/they live:

Leicester	0116 454 1004
Leicestershire	0116 305 0004
Rutland	01572 758 341
Domestic Abuse and Sexual Violence Helpline	0808 80 200 28

If a crime has been committed you can report it via website www.leics.police.uk or call Leicestershire Police on **101**. If it is an emergency phone **999**.