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| **Role** | **Gardening Volunteer Role** |
| Purpose | To support staff and patients to engage therapeutically in gardening activities. |
| Base | Evington Centre – Coleman and Gwendolen Wards |
| Hours | Variable; minimum 1 hour |
| Reports to | Occupational Therapist, MHSOP inpatients |
| Benefits of this volunteer activity | * To support/guide others to engage therapeutically in gardening activities * Opportunity to spend time doing something you can feel proud of * Improve your confidence * Opportunity to meet new people * Fresh air and exercise |
| Exclusions | **Volunteers are not expected to be involved in any of the following:**   * Moving and handling of patients * Patients personal care * Heavy lifting |
| Key tasks | **Tasks may include the following:**   * Supporting with gardening groups * Weeding and tidying * Seed sowing * Plant care * Light digging * Replanting |
| Person Specification and Requirements | * Be fit and able * Confidence to run small gardening group * Some gardening knowledge and skills to share * Good communication skills * Willingness to help * Punctual and reliable * Enthusiasm for improving patient well-being and recovery * Able to work independently and as part of a team * Commitment to uphold trust core values and NHS policies |
| |  |  | | --- | --- | | Training and Support Needs |  | | * Information Governance * Health and Safety * Infection Prevention and Control * Use of Personal Protective Equipment (PPE) * Confidentiality * Safeguarding * Equality and Diversity   + Local trust induction and orientation   + Any other mandatory training as specific by the trust   An enhanced DBS is required for this role. This is processed free of charge for volunteers. |
| COVID-19 Guidance | In line with current Government and Leicestershire Partnership Trust advice |

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