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| **Role** | **Gardening Volunteer Role** |
| Purpose  | To support staff and patients to engage therapeutically in gardening activities. |
| Base  | Evington Centre – Coleman and Gwendolen Wards |
| Hours | Variable; minimum 1 hour |
| Reports to | Occupational Therapist, MHSOP inpatients |
| Benefits of this volunteer activity | * To support/guide others to engage therapeutically in gardening activities
* Opportunity to spend time doing something you can feel proud of
* Improve your confidence
* Opportunity to meet new people
* Fresh air and exercise
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| Exclusions | **Volunteers are not expected to be involved in any of the following:** * Moving and handling of patients
* Patients personal care
* Heavy lifting
 |
| Key tasks | **Tasks may include the following:** * Supporting with gardening groups
* Weeding and tidying
* Seed sowing
* Plant care
* Light digging
* Replanting
 |
| Person Specification and Requirements  | * Be fit and able
* Confidence to run small gardening group
* Some gardening knowledge and skills to share
* Good communication skills
* Willingness to help
* Punctual and reliable
* Enthusiasm for improving patient well-being and recovery
* Able to work independently and as part of a team
* Commitment to uphold trust core values and NHS policies
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| Training and Support Needs  |  |

 | * Information Governance
* Health and Safety
* Infection Prevention and Control
* Use of Personal Protective Equipment (PPE)
* Confidentiality
* Safeguarding
* Equality and Diversity
	+ Local trust induction and orientation
	+ Any other mandatory training as specific by the trust

An enhanced DBS is required for this role. This is processed free of charge for volunteers.  |
| COVID-19 Guidance | In line with current Government and Leicestershire Partnership Trust advice |

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