

# Transgender and Non-Binary Service User Policy

This policy details the position the Trust takes in relation to Transgender and non-binary service users and the responsibilities under the Gender Recognition Act (GRA) 2004, Sex Discrimination Act (SDA) 1975 and the Equality Act 2010, and details what staff can do in relation to supporting Transgender and non-binary patients and service users.

Key Words:	Trans, Transgender, Nonbinary, Ally, Gender Dysphoria, Cis, Cisgender, Bi-gendered, Non-		
	gendered, Pronouns		
Version:	1		
Adopted by:		•	nvolvement EDI d Inclusion) Group
Date this version was adopted:	23 Septe	mber 2022	
Name of Author:	Róisín Ry	/an, EDI Spe	cialist
Name of responsible Committee:	EDI Patient Experience and Involvement Group		
Please state if there is a reason for not publishing on website:	N/A		
Date issued for publication:	September 2022		
Review date:	February 2024		
Expiry date:	30 September 2024		
Target audience:	Clinical and administrative staff		
Type of Policy	Clinical		
Which Relevant CQ	Which Relevant CQC		tred care, dignity and
Fundamental Standards?		respect	

# **Contents**

VERSION CONTROL
Equality Statement3
Due Regard3
Definitions that apply to this policy3
THE POLICY
1.0 Purpose of the Policy5
2.0 Summary of the Policy5
3.0 Introduction5
4.0 Flowchart/Process Chart
5.0 Principles7
6.0 Duties within the Organisation14
7.0 Training Needs15
8.0 Dissemination and Implementation16
9.0 Monitoring Compliance and Effectiveness16
10.0 Standards/Performance Indicators16
11.0 References/Bibliography17
Appendix 1 Policy Training Requirements18
Appendix 2 NHS Constitution Checklist19
Appendix 3 Stakeholder and Consultation20
Appendix 4 Due Regard Screening Template Statement2

# **Version Control and Summary of Changes**

Version	Date	Comments	
number		(description change and amendments)	
1		New policy	

#### For further information contact:

Head of Equality, Diversity and Inclusion – LPT.EDI@nhs.net

#### **Equality Statement**

The trust aims to design and implement policy documents that meet the diverse needs of our service, population and workforce, ensuring that none are placed at a disadvantage over others. It takes into account the provisions of the Equality Act 2010 and promotes equal opportunities for all. This document has been assessed to ensure that no one receives less favourable treatment on the protected characteristics of their age, disability, sex (gender), gender reassignment, sexual orientation, marriage and civil partnership, race, religion or belief, pregnancy and maternity.

# **Due Regard**

The trust will ensure that Due regard for equality is taken and as such will undertake an analysis of equality (assessment of impact) on existing and new policies in line with the Equality Act 2010. This process will help to ensure that:

- Strategies, policies and procedures and services are free from discrimination;
- The trust complies with current equality legislation;
- Due regard is given to equality in decision making and subsequent processes;
- Opportunities for promoting equality are identified.

Please refer to due regard assessment (Appendix 5) of this policy.

## **Definitions that apply to this Policy**

Service	"Service user" is used interchangeably with "patient" to encompass all patients
User/Patient	and other people who access our services including inpatient, outpatient, and
	community services.
Gender	Gender is the range of characteristics pertaining to femininity and masculinity,
	which includes how we have learned to walk, look, act, dress, what first name
	we have and so on.
Sex	The anatomical and other biological differences between females and males.
Transgender/	Refers to a broad range of people who experience and/or express
Trans	their gender differently from what other people expect – either in

	terms of expressing a gender that does not match the sex listed on
	their original birth certificate (i.e. designated gender at birth), or
	physically changing their gender. Not all people who consider
	themselves Transgender will undergo a gender Transition.
Cisgender	Someone whose gender identity is the same as the sex they were
	assigned at birth.
Non-binary	Those who identify outside of the gender binary of male or female
	and may include, but is not limited to, genderqueer, bi-gender, pangender,
	genderless, agender, neutrois, third gender and gender fluid people. In this
	policy, the term non-binary is used to refer to all such identities.
Gender	A person with gender dysphoria can experience anxiety, uncertainty,
Dysphoria	or uncomfortable feelings about the gender they were assigned at birth.
	They may feel that they have a gender identity that is different from
	their biological sex.
Gender	Refers to all external characteristics and behaviours that are socially defined as
expression	either masculine or feminine, such as dress, mannerisms, and voice and communication.
Gender	This is an individual's internal self-perception of their own gender. A person
	may identify as female, male, or as having a non-binary gender.
identity Gender fluid	Someone who is gender fluid will not identify themselves as having a fixed
Gender Huld	gender. Their gender identity may change over time, or from day to day.
Gender	A process, or part of a process, undertaken for the purposes of changing a
	physiological or other characteristic of sex. For some Trans people, this may
reassignment	involve surgery and/or hormone treatment. For others, gender reassignment
	may involve no medical intervention.
Transitioning	The Transition process involves a Trans person undergoing changes to enable
	them to more fully express their gender. The term may be used by Trans
	people to describe the process of travelling from one gender to another. This
	may include social, psychological, emotional and/or physical changes.
Transphobia	Prejudice or aversion to, or discrimination against, Transgender people
Pronouns	People may wish to be referred to by she/her or he/him pronouns, or by
	they/them pronouns if they do not solely identify as male or female (for
	example, if they are non-binary). There are also other pronouns such as
	xe/xem/xyr which may be used by people who don't identify with the pronouns
	most commonly used.
Gender	A gender recognition certificate is a legal document issued under the Gender
Recognition	Recognition Act 2004 by a specially convened 'Gender Recognition Panel'
Certificate	comprising doctors and lawyers. Trans people are under no requirement to apply for a gender recognition certificate, but will need to do so if they wish to
	marry in their preferred gender. IT IS A CRIMINAL OFFENCE TO DISCLOSE
	THAT A PERSON HAS APPLIED FOR A GENDER RECOGNITION
	CERTIFICATE. IF A PATIENT TELLS YOU THAT THEY HAVE A GENDER
	RECOGNITION CERTIFICATE, UNDER NO CIRCUMSTANCES SHOULD
	YOU DOCUMENT IT ANYWHERE ON THEIR MEDICAL RECORDS UNLESS THEY SPECIFIALLY ASK YOU TO RECORD IT. THAT CONSENT ALSO
	NEEDS TO BE RECORDED IN WRITING.

#### 1.0. Purpose of the Policy

This policy provides guidance for the Trust's employees on the expectations and other considerations that may be necessary to improve the experiences of Trans and non-binary patients and service users as they access care at our trust. Trans and non-binary people are protected by legislative acts and where possible the Trust is committed to go above and beyond to protect patients and service users.

Breaches of this policy will be dealt with under one of the following policies as appropriate:

- Anti-Bullying, Harassment and Victimisation (Dignity at Work)
- Disciplinary
- Freedom to Speak Up: Raising Concerns (Whistleblowing)
- Concerns and Complaints
- Grievance and Disputes

#### 2.0. Summary and Key Points

The Trust celebrates and values the diversity of the population we serve. It aims to create an environment in which all patients and service users receive the highest standards of care, and in which transphobic behaviour is not tolerated. The Trust recognises that there can be differences between a person's sex and their gender identity/expression. The Trust will not discriminate against people on the grounds of their Transgender or non-binary identity.

A Trans person will live all or part of their time as a gender different to that which they were assigned at birth. This does not always involve medical intervention. A person's Trans status is separate aspect of their identity to their sexual orientation.

#### 3.0. Introduction

This policy provides guidance for staff interacting with and providing care to Transgender and non-binary service users. It has been developed to ensure that, individually and as a Trust, we are treating all service users with dignity and respect.

#### 4.0. Flowchart/process chart

#### Prior to admission, or at the first appointment:

Establish the service user's preferred pronouns and name.

Recor this in their notes if the patient consents.

- Identify any particular care needs which the service user's Transgender/non-binary status may impact on



#### **During care:**

- For inpatient admissions, if bays are separated by gender, ensure the patient is accommodated in a bay of their preference.
- Only make reference to the service user's Transgender/non-binary status if this is relevant to their care.



#### If appropriate:

- You can signpost Transgender/non-binary service users to support services (see section 5.8).
- It may be necessary to give service users more specific information about healthcare relating to their gender which they were assigned at birth, but do not identify with. This may include advice about contraception and sexual health.



#### At all times:

- Respect the confidentiality of Transgender service users' gender identity and do not disclose this unless you have consent, or it is essential to do so.
  - Treat everyone with dignity and respect.

# 5.0 Principles

# 5.1 Transitioning

- 5.1.1 The transition process is specific to each individual and may not always involve obtaining a Gender Recognition Certificate or having physical interventions such as surgery, hormone therapy, or hair removal treatment. It may involve dressing differently, telling friends and family, changing official documents, and a preference to be known by a different name and pronouns. It should be noted that there are limits to the physical and hormonal interventions children can receive.
- 5.1.2 Regardless of how a person transitions or is intending to transition, anyone who is transgender is protected from discrimination or less favourable treatment under legislation.

## 5.2 Equality Legislation

- 5.2.1 The Equality Act 2010 (England, Scotland, and Wales) protects against discrimination because of gender reassignment in employment and service delivery. It bans direct and indirect discrimination and victimisation. The Act makes clear that it is not necessary for people to have any medical diagnosis or treatment to gain this protection; it is a personal process of moving away from the gender assigned at birth to the gender they identify as.
- 5.2.2 People discriminated against because they are wrongly perceived to be Trans, or who are discriminated against because of their association with Trans people or issues are also protected.
- 5.2.3 The UK Gender Recognition Act (GRA) enables people aged over eighteen to gain full legal recognition for the gender which they live as. Applications are considered by the Gender Recognition Panel. Once a person receives a Gender Recognition Certificate (GRC), they are legally of that gender for every purpose and have all the rights and responsibilities associated with that gender. Not all Trans people will obtain or seek to obtain a GRC.
- 5.2.4 The Gender Recognition Act gives anyone applying for or holding a Gender Recognition Certificate particular privacy rights. It is a criminal offence to pass on information acquired in the course of official duties about someone's gender recognition, without the consent of the individual affected. 'Official duties' include employment, trade union representation, or supply of business or professional services.

5.2.5 Article 8 of the European Convention on Human Rights provides a "right to respect for one's "private and family life, his home and his correspondence", subject to certain restrictions that are "in accordance with law" and "necessary in a democratic society".

# 5.3 General Principles of Caring for Transgender and Non-binary Patients and Service Users

- 5.3.1 The following approach will be taken by any patient-facing staff who may have contact with, or be caring for, Transgender and non-binary service users:
  - Treat Trans and non-binary service users with the same respect you would give anyone else. It is unacceptable for members of staff to treat gender diverse patients less favourably due to personal, cultural or religious attitudes toward Trans people.
  - Identify a private area, if possible, for the Trans/non-binary person to register their details only if they choose to do so, rather than in front of other patients or staff.
  - Only ask the service user for details about their gender identity if this is relevant to the care you are providing for them.
  - Recognise that Trans/non-binary people, particularly if they experience gender dysphoria, may be at different points of their journey and may not be ready to openly discuss their gender identity with you. If you do need to broach this subject, do so with sensitivity in a way which maintains the service user's dignity.
  - Use the service user's preferred pronouns and name when talking to them or about them, including children and young people. This includes their clinical notes. If the person has not legally changed their name or is initially referred to the service with a different name, the notes should clearly explain the change for clarity.
  - If you are unsure of a service user's pronouns or preferred name, you can
    introduce yourself, give them your own name and pronouns, and politely ask
    them for the name and pronouns they would like you to use when addressing
    them. You may also use neutral pronouns (they/them/theirs) until preferred
    pronouns are known.
  - Recognise that gender identity may be fluid for some people, and they may self-identify differently from one day to another. This does not mean the person is confused. If a Trans or non-binary person is accessing mental health services, it would not be appropriate to make the assumption that any mental health difficulties they are facing are solely and entirely related to their gender identity.
  - If appropriate, a service user may find it helpful to be signposted to tailored

- sources of support. A list can be found in Section 5.10, although this is not exhaustive.
- Some Trans/non-binary people may not have informed family members, people they live with, carers, or other professionals involved in their care of their gender identity. Staff should ask service users how they would like to be referred to during any conversations with their family. It may be helpful to refer to the service user as 'they/them' or by their preferred name when speaking with the family.
- Maintaining dignity and privacy is always important. For example, extra care should be taken if a Trans person is required to remove their clothing or wear an open gown for a procedure as they may feel particularly vulnerable. If a Trans person is wearing a wig, a chest binder or any other item that aids in their gender presentation please be careful not to remove them unless absolutely necessary.

#### 5.4 Accommodation

- 5.4.1 Transgender and non-binary service users who are being cared for in an inpatient setting should be placed in a female or male bay depending on their preference. Where appropriate and available, private rooms or gender-neutral spaces should be offered as options as well.
- 5.4.2 Where it is not possible to assess their preference prior to admission, they should be placed in a bay which matches their gender presentation.
- 5.4.3 The same will hold true for children who are Transgender or non-binary.
- 5.4.4 If a breach occurs and a Transgender/non-binary patient or service user cannot be accommodated in the bay of their choice, please follow the process for management of same sex breaches found in sections 5.1 and Appendix 1 of the Delivering Single Sex Accommodation Policy.
- 5.4.5 Trans and non-binary people must not be excluded from services, including single-sex wards or bays, on the grounds of their protected characteristic of gender reassignment. There <a href="may">may</a> be an exception to this if it can be objectively justified as a means of achieving a legitimate aim (under schedule 3 of the Equality Act 2010). This is, however, very unlikely to be justified or applicable in most cases. If you believe such exceptions may apply, please seek advice from the Equality, Diversity & Inclusion team in advance (<a href="LPT.EDI@nhs.net">LPT.EDI@nhs.net</a>). The decision to exclude a Trans or non-binary person from a single-sex ward or service should follow the process outlined in the Delivering Single Sex Accommodation Policy, with advice sought from the EDI team as soon as possible. In accordance with this process, the Matron and

Lead Nurse/Head of Service must review the circumstances of the breach and determine if it is an acceptable justification or not. In such cases, the reasons for the decision should be documented to show that consideration has been given to:

- The reasons for the decision, including an explanation of the evidence used to make the decision
- Your consideration of the impact on all service users, including Trans people
- What alternative options you have considered for inclusion, and (if relevant) why these have not been applied.
- Where necessary, record any incidents on the Electronic Incident Record Form (EIRF).
- 5.4.6 Trans and non-binary people have equal rights to access single sex toilets or showers and should use the facilities which are consistent with their gender identity, or gender-neutral facilities where these are available. Trans patients must never be asked to use a disabled/accessible toilet (which may be unisex) solely due to their Trans status. Consideration and sensitivity should be given to situations such as trans men and boys experiencing menstruation, and it should be ensured that they have access to appropriate facilities in these circumstances.

# 5.5 Concerns Raised by Others

- 5.5.1 Where concerns are raised by other service users or staff members, for example they are uncomfortable interacting with a Transgender or non-binary person, or uncomfortable using the same toilets or changing facilities as them, these should be dealt with sensitively, respecting the feelings of all those involved. However, the discomfort of others does not warrant treating Trans and non-binary people unfairly, or anything other than a person of the gender they identify as, any more than a discomfort in interacting with someone of a different race or religion would. Therefore, staff may need to have sensitive conversation with those involved, without actually disclosing any confidential information, such as the patient's Trans or non-binary status.
- 5.5.2 Trans and non-binary people may be at risk of overt harassment or discrimination from others. Staff will need to be aware of this and risk assess accordingly. Staff may need to help raise awareness and understanding to reduce stigma, discrimination and harassment, and where necessary record any incidents on the Electronic Incident Record Form (EIRF). Should staff require support to address harassment or discrimination, issues should be raised with the person in charge, or another appropriate manager.
- 5.5.3 In some circumstances, it may be appropriate to take additional precautions to

manage risks, including enhanced observation or moving a service user, potentially to a private room. If a patient has genuine concerns for their safety, these should be discussed and measures put in place to help everyone feel safe. However, a patient should not be moved to an inappropriate setting or moved solely because they are Trans or non-binary.

5.5.4 Any incidents of harassment or less favourable treatment against a Trans or non-binary person should be reported through Ulysses.

# 5.6 Confidentiality

- 5.6.1 You should gain consent, wherever possible, before disclosing someone's Trans or non-binary status. Where this is not possible, such as circumstances where it is pertinent to emergency care of a patient who is unconscious, their Trans or non-binary status should only be shared with staff who need to know this information for the purposes of delivering appropriate care.
- 5.6.2 This is in line with our existing procedures regarding sensitive personal information and requirements of the Data Protection Act 2018 and General Data Protection Regulation (GDPR) 2016. If you do tell people outside these circumstances, you will be in breach of the Data Protection law and GDPR legislation and may be criminally liable under the Gender Recognition Act 2004.

#### 5.7 Records

5.7.1 The NHSX Records Management Code of Practice 2021 states:

"Any patient or service user can request that their gender be changed in a record by a statutory declaration, but the Gender Recognition Act 2004 provides additional rights for those with a GRC. The formal legal process (as defined in the Gender Recognition Act 2004) is that a Gender Reassignment Panel issues a Gender Reassignment Certificate. At this time a new NHS number can be issued, and a new record can be created, if it is the wish of the patient or service user. It is important to discuss with the patient or service user what records are moved into the new record and to discuss how to link any records held in any other health or care settings with the new record."

5.7.2 When a patient's record needs to be updated to reflect their true gender, they are given a new NHS number and must be registered as a new patient at their GP Practice. All previous medical information relating to the patient needs to be transferred into a newly created medical record. When the patient informs

the practice that they wish to have their record changed, which is possible whether or not they are undergoing gender reassignment treatment, the practice must inform the patient that this will involve a new NHS number being issued for them, which is not reversible. If a patient detransitions (i.e. begins living as their gender assigned at birth), they would receive a third NHS number. The practice should confirm this has been discussed with the patient when notifying Primary Care Support England (PCSE). This process should be managed by primary care, however further information is available on the PCSE website if required: <a href="https://pcse.england.nhs.uk/help/patient-registrations/adoption-and-gender-re-assignment-processes/">https://pcse.england.nhs.uk/help/patient-registrations/adoption-and-gender-re-assignment-processes/</a>

- 5.7.3 It should be noted that the new record may or may not make reference to the patient's trans status: this is the patient's decision. Where it is clinically relevant for a clinician to know if a patient is Transgender or not, this information should be sought through sensitive discussion with the patient if it is not stated in the patient records or in the patient registration information which includes protected characteristics.
- 5.7.4 Careful consideration should be given to appropriate wording of patient letters, care plans and correspondence. Where administrative colleagues typing letters do not have access to the patient notes, processes should be put in place to ensure correct pronouns and names are used regardless. Such processes may differ depending on department protocols and the patient's preferences. Correspondence should use the patient's preferred pronouns and name unless there is a specific reason why the this is not appropriate: for instance, if a patient requests their preferred pronouns are not used to prevent people they live with finding out about their gender identity. The clinician and patient should discuss such situations on a case by case basis.

# 5.8 Health promotion for Trans service users

5.8.1 Where it is relevant to the care you are providing, it may be appropriate to inform a Trans service user of their choice to access certain services aimed at their birth gender, rather than their true gender identity. For instance, cervical screening is recommended for anyone with a cervix, and prostate health checks for anyone with a prostate. Whether or not the service user chooses to attend such appointments, or whether they feel the distress such procedures may cause will outweigh the risks of such conditions, is for them to personally consider.

# 5.9 Complaints

- 5.9.1 Service users may choose to make a complaint through the Patient Complaints channels if they feel they have been treated less favourably due to their gender identity or Transgender status (0116 295 0830 Monday to Friday 9.00am 4:30pm, lpt.pals@nhs.net, or by post to Freepost LPT Patient Experience).
- 5.9.2 If this policy is breached, this should be addressed by the line manager of the staff member in question. It may be appropriate to deal with policy breaches:
  - o Informally, if there was no intent to cause distress to the service user and the staff member has reflected appropriately.
  - Under the Disciplinary Policy, if there is evidence of deliberate breach
    of the principles of this policy, for example purposefully misgendering a
    patient, or going against their wishes when placing them on a singlesex bay. If allegations of discrimination are proven, this may be
    considered as gross misconduct and may lead to summary dismissal.
- 5.9.3 In the event that a Trans or non-binary person is subject to discrimination or harassment, staff should provide them with information and support about how to report this to the police, if they choose to do so. Such incidents may be considered a hate crime. Hate crimes can be reported in the following ways:
  - o Contacting the police on 101 (or 999 if it is an emergency)
  - Via the Stamp it Out website: <a href="http://www.stamp-it-out.co.uk/how-to-report/">http://www.stamp-it-out.co.uk/how-to-report/</a>
  - Via the Leicester City Council website:\_ <u>https://www.leicester.gov.uk/your-community/emergencies-safety-and-crime/hate-crime/</u>
  - Via the Leicestershire County Council website: <u>https://www.leicestershire.gov.uk/leisure-and-community/community-safety/hate-incidents</u>
  - Victim First: call 0800 953 9595

## 5.10 Support

5.10.1 External sources of support are available for Transgender and non-binary people:

The LGBT Foundation: <a href="https://www.lgbt.foundation">www.lgbt.foundation</a>

Gendered Intelligence (for people under age 21): <a href="www.genderedintelligence.co.uk">www.genderedintelligence.co.uk</a> Mermaids (support for families): <a href="www.mermaidsuk.org.uk">www.mermaidsuk.org.uk</a>

The Gender Identity Research and Education Society (GIRES) (here you can find a directory of local and national support groups): <a href="https://www.gires.org.uk">www.gires.org.uk</a>

The Gender Trust: www.gendertrust.org.uk

DEPEND (support for families and friends of Trans people): www.depend.org.uk

The Beaumont Society (self-help group): <a href="https://www.beaumontsociety.org.uk">www.beaumontsociety.org.uk</a>

TranzWiki (search for local LGBTQIA+ groups): www.tranzwiki.net

Leicester LGBT+ Centre: https://leicesterlgbtcentre.org/

Derbyshire LGBT+ (previously Derbyshire Friend): <a href="https://www.derbyshirelgbt.org.uk">www.derbyshirelgbt.org.uk</a>

NHS Choices Trans Health:

www.nhs.uk/livewell/transhealth/pages/transhealthhome.aspx

Notts LGBT+ Network: <a href="http://www.nottslgbtplus.co.uk/">http://www.nottslgbtplus.co.uk/</a> Notts Trans Hub: <a href="http://www.nottslgbtplus.co.uk/">www.nottslgbtplus.co.uk/</a>

Press for Change: www.pfc.org.uk

The World Professional Association for Transgender Health: <a href="www.wpath.org">www.wpath.org</a>

## 6.0 Duties within the Organisation

- 6.1 The Trust Board has a legal responsibility for Trust policies and for ensuring that they are carried out effectively. The Trust Board has a responsibility to ensure that the Trust is compliant with Equality and Human Rights legislation and as such promote a culture of valuing diversity in its fullest sense.
- **6.2** Trust Board Sub-committees have the responsibility for ratifying policies and protocols.
- **6.3** Divisional Directors and Heads of Service are responsible for:
  - Promoting a culture of valuing diversity
  - Ensuring that line managers adhere to this policy and procedure
  - Ensuring that all line managers and colleagues attend any training as required
  - Ensuring that they and others implement this policy in line with the Trust's Leadership Behaviours Framework.
  - Ensuring that any concerns are treated seriously and addressed swiftly, sensitively and appropriately.
- **6.4** Managers and Team leaders are responsible for:
  - Addressing concerns efficiently, thoroughly, and confidentially
  - Ensuring all clinical staff are aware of this policy
  - Challenging staff who discriminate and ensuring that the relevant procedures are followed
  - Supporting their staff to challenge discrimination from service users or the public.
  - Creating a culture in which offending behaviour is not tolerated and where everyone is treated with dignity and respect.

#### **6.5** Responsibility of Staff

- Treating all service users with dignity and respect.
- Maintaining the confidentiality of Transgender service users' gender identities.
- Treating patients with dignity and respect and with fairness and equity
- Being accountable for their own behaviour and actions, and understanding the way in which their behaviour may affect others.
- Employees must assume that a Trans person who has changed their name by statutory declaration or Deed Poll is a member of their new/true gender for all purposes unless they are told otherwise.
- Once the patient's public transition to their true gender role has taken place, the
  Trust expects all its staff to use forms of address which refer to that gender
  and to use the acquired name and appropriate pronouns. Failure to do so
  could lead to disciplinary action under the Trust Disciplinary Policy and/or
  prosecution in a criminal court.

#### Consent

- Clinical staff must ensure that consent has been sought and obtained before any care, intervention or treatment described in this policy is delivered. Consent can be given orally and/ or in writing. Someone could also give non-verbal consent as long as they understand the treatment or care about to take place. Consent must be voluntary and informed and the person consenting must have the capacity to make the decision.
- o In the event that the patient's capacity to consent is in doubt, clinical staff must ensure that a mental capacity assessment is completed and recorded. Someone with an impairment of or a disturbance in the functioning of the mind or brain is thought to lack the mental capacity to give informed consent if they cannot do one of the following:
  - Understand information about the decision
  - Remember that information
  - Use the information to make the decision
  - Communicate the decision

#### 7.0. Training needs

- 7.1 There is a need for training identified within this policy, particularly for patient-facing staff. Equality, Diversity and Inclusion training, mandatory for all staff, will make reference to this policy, its principles, and expectations of patient-facing staff. A record of completion of this training will be recorded on ULearn.
- 7.2 Further training can be requested from the Equality, Diversity and Inclusion team as required for particular groups of staff.

7.3 The governance group responsible for monitoring this aspect of the Equality, Diversity and Inclusion training is the EDI Patient Experience and Involvement Group.

# 8.0 Dissemination and Implementation

- This policy will be communicated through the EDI Patient Experience and Involvement Group by the Equality, Diversity & Inclusion team.
- **8.2** The policy will also be available on the Trust website and communicated through the staff newsletter.
- 8.3 Implementation of the policy will be carried out through appropriate training and communication via ULearn, and the Equality, Diversity & Inclusion team.

# 9.0 Monitoring Compliance and Effectiveness

Ref	Minimum Requirements	Evidence for Self-assessment	Process for Monitoring	Responsible Individual / Group	Frequency of monitoring
1	Ensuring Transgender and non-binary services users are placed in a bay of their choice in terms of gender	Patient notes and feedback	Completion of notes, resolution of any issues raised by Trans/non-binary service users	Clinical staff, line managers	As required
2	Responding to concerns raised	Patient complaints and feedback	Response to, resolution of, and learning from any issues or concerns raised.	Clinical managers	As required

# 10.0 Standards/Performance Indicators

TARGET/STANDARDS	KEY PERFORMANCE INDICATOR
CQC Regulation 9: Person- centred care	Patient feedback is positive in the domain of person-centred care. Patients feel listened to and involved in their own care and decision-making.
CQC Regulation 10: Dignity & Respect	Patient feedback is positive in the domain of dignity and respect. Patients feel all staff have treated them with kindness and compassion, and that any concerns have been listened to and acted upon. Patients feel safe and protected from any

harassment, abuse, or discrimination while in our care.

# 11.0 References and Bibliography

Fair care for Trans and non-binary people, Royal College of Nursing (2020) <a href="https://www.rcn.org.uk/professional-development/publications/rcn-fair-care-Trans-non-binary-uk-pub-009430">https://www.rcn.org.uk/professional-development/publications/rcn-fair-care-Trans-non-binary-uk-pub-009430</a>

NHSX Records Management Code of Practice (2021) <a href="https://www.nhsx.nhs.uk/information-governance/guidance/records-management-code/records-management-code-of-practice-2021/">https://www.nhsx.nhs.uk/information-governance/guidance/records-management-code/records-management-code-of-practice-2021/</a>

Managing Records for Transgender patients, Arden & Greater East Midlands CSU (2015)

Gender Identity Resource Information, The Tavistock and Portman NHS Foundation Trust (2018)

Trans Patients Policy, Nottinghamshire Healthcare NHS Foundation Trust (2018)

Transgender Policy, Cygnet Health Care (2019)

Guidance on supporting adult transgender service users, South London and Maudsley NHS Foundation Trust (2015)

Procedural Guidance for the care and management of Transgender patients (adults and children) in specialist services, Essex Partnership NHS Foundation Trust (2020)

Gender reassignment provisions in the Equality Act, Equality and Human Rights Commission (2022) <a href="https://www.equalityhumanrights.com/en/advice-and-guidance/gender-reassignment-provisions-equality-act">https://www.equalityhumanrights.com/en/advice-and-guidance/gender-reassignment-provisions-equality-act</a>

# **Training Requirements**

# Appendix 1

# **Training Needs Analysis**

Training topic:	Equality, Diversity and Inclusion	
Type of training: (see study leave policy)	Mandatory	
Division(s) to which the training is applicable:	Directorate of Mental Health Community Health Services Families Young People Children & Learning Disability Services Enabling Services Hosted Services	
Staff groups who require the training:	All staff	
Regularity of Update requirement:	Once every 3 years	
Who is responsible for delivery of this training?	Equality, Diversity and Inclusion team – elearning	
Have resources been identified?	Yes – ULearn	
Has a training plan been agreed?	Yes	
Where will completion of this training be recorded?	ULearn	
How is this training going to be monitored?	Mandatory training, recorded on ULearn. Governance of training through the EDI Patient Experience and Involvement Group	

# **The NHS Constitution**

The NHS will provide a universal service for all based on clinical need, not ability to pay. The NHS will provide a comprehensive range of services

Shape its services around the needs and preferences of individual patients, their families and their carers	Yes
Respond to different needs of different sectors of the population	Yes
Work continuously to improve quality services and to minimise errors	Yes
Support and value its staff	
Work together with others to ensure a seamless service for patients	
Help keep people healthy and work to reduce health inequalities	Yes
Respect the confidentiality of individual patients and provide open access to information about services, treatment and performance	Yes

Key individuals involved in developing the document

Name	Designation
Roisin Ryan	Equality, Diversity & Inclusion Specialist,
	LPT
Alison Kirk	Head of Patient Experience & Involvement,
	LPT
Haseeb Ahmad	Head of Equality, Diversity & Inclusion, LPT

Circulated to the following individuals for comment

Onculated to the following marviadals for comment		
Name	Designation	
Northamptonshire Healthcare NHS Foundation Trust		
Leicester LGBT Centre		
Youth Advisory Board		
People's Council		
University Hospitals of Leicester NHS Trust EDI team		
Individuals with lived experience		
Spectrum LGBT+ staff network		
DMH, FYPC&LD, CHS directorates		
,, ,		

Section 1				
Name of activity/proposal	Transgender Service User Policy			
Date Screening commenced	19.01.2022			
Directorate / Service carrying out the	Enabling Services			
assessment				
Name and role of person undertaking	Roisin Ryan			
this Due Regard (Equality Analysis)	Equality, Diversity and Inclusion Specialist			
Give an overview of the aims, objectives and purpose of the proposal:				

## AIMS:

To ensure Trans patients are treated with the same compassion, dignity and respect as other patients.

#### **OBJECTIVES:**

Provide guidance for staff on how to approach issues of gender identity with Trans patients.

Ensure staff are aware of their obligations, and in some cases the legal implications, of not following this guidance.

Section 2				
Protected Characteristic	If the proposal/s have a positive or negative impact please give brief details			
Age				
Disability				
Gender reassignment	It is anticipated that the guidance will have a positive impact on Trans service users by supporting staff to provide compassionate, person-centred care and treat people with dignity and respect.  There is a risk that, if schedule 3 of the Equality Act 2010 is applied and a Trans/non-binary patient is excluded from a service or refused a bay of their choice due to their gender reassignment protected characteristic, that legal action may be taken. Section 5.4.5 attempts to mitigate this risk by cautioning against this course of action, impressing upon staff about the need to only do this if there is an objectively justifiable reason for doing it and it is a proportionate means of achieving a legitimate aim, and requiring staff to seek advice from the EDI team before doing so. The ultimate decision will rest with the Matron/Service Lead for the area in line with the Delivering Single Sex Accommodation Policy.			
Marriage & Civil Partnership				
Pregnancy & Maternity				
Race				
Religion and Belief				
Sex				
Sexual Orientation				
Other equality groups?				

#### Section 3

Does this activity propose major changes in terms of scale or significance for the trust? For example, is there a clear indication that, although the proposal is minor it is likely to have a major affect for people from an equality group/s? Please tick appropriate box below.

Yes			No				
High risk: Complete a full EIA starting click <u>here</u> to proceed to Part B		Low risk	Low risk: Go to Section 4.				
Section 4							
If this proposal is low risk pleas reached this decision: The aim of this policy is to enhance	•		or how	you			
Signed by reviewer/assessor	Roisin Ryan		Date	21st June 2022			
Sign off that this proposal is low risk and does not require a full Equality Analysis							
Head of Service Signed	#Amad		Date	25 <sup>th</sup> July 2022			