

Trust Board – 28 May 2024

Chief Executive's Report

Purpose of the Report

This paper provides an update on current local issues and national policy developments since the last meeting. The details below are drawn from a variety of sources, including local meetings and information published by NHS England, NHS Providers, the NHS Confederation, and the Care Quality Commission (CQC).

Analysis of the Issue

National Developments

Flu, Covid, Measles, Whooping Cough

The COVID-19 and flu surveillance bulletin gives weekly national influenza and COVID-19 report, COVID-19 activity, seasonal flu and other seasonal respiratory illnesses. It brings together the latest surveillance data, along with the latest public health advice for COVID-19 and flu [National flu and COVID-19 surveillance reports: 2023 to 2024 season](#). The latest update (9 May 2024) outlines that covid continues to increase, whilst rates of flu remain stable at low rates. Norovirus rates are higher (April 2024) than we would usually see at this time of the year.

The spring 2024 COVID-19 vaccination programme is now live. Those eligible can visit nhs.uk/get-vaccine or can use the NHS app to book their appointment. Those without access to the internet can call 119 to book an appointment. NHS will be sending texts, emails and NHS app messages to remind those eligible to book their appointments but they do not have to wait to be contacted. Vaccination will end on 30 June 2024.

The number of cases of measles continue to rise across the country, with cases particularly high in London and the West Midlands. Measles is an infectious disease, and it only takes one case to get into a community with low vaccination rates for measles to spread rapidly, especially in schools and nurseries, so it is important that people are fully protected by two doses of the MMR vaccine.

Data published by the UK Health Security Agency on 9 May 2024 shows that whooping cough cases continue to rise across the country. During this quarter, while most cases were in those aged 15 years or older who usually get a mild illness, the rates of whooping cough remain highest in babies under 3 months of. Vaccination remains the best protection for babies and children.

Start for Life

Ofsted and the CQC have published a joint thematic review (7 May 2024) 'Start for Life services', which outlines the programme of support for parents from pregnancy until their baby is 2 years old to support babies to achieve better health outcomes. More is needed to measure the impact of start for life services and the report is based on research visits to six areas including Northumberland, Sunderland, County Durham, Hull, Torbay and the Isle of Wight.

<https://www.gov.uk/government/news/start-for-life-services-helping-babies-achieve-better-outcomes-but-more-to-do-to-support-delivery>

Antimicrobial resistance

The government has announced a new plan to tackle antimicrobial resistance to protect people from the risk of drug-resistant infections. It outlines the UK commitment to reducing its use of antimicrobials such as antibiotics, antifungals and antivirals, in humans and animals, to protect the welfare of society and safeguard the NHS.

<https://www.gov.uk/government/news/new-five-year-plan-to-combat-antimicrobial-resistance>

Privacy, Dignity and Safety

Proposed updates to NHS Constitution for England aim to reflect biological needs of patients and empower people to request same-sex wards and care. This will be done in part by reinforcing the NHS's commitment to providing single-sex wards. The consultation also plans to embed the right for patients' and their loved ones' access to a rapid review from outside the care team if the patient is deteriorating. The proposals will be considered during a consultation period which will consider responses from patients, the public, staff and NHS organisations before a revised NHS Constitution will be published.

<https://www.gov.uk/government/news/nhs-constitution-plans-to-strengthen-privacy-dignity-and-safety>

Children's Commissioner Report

A Children's Commissioner report into children's mental health services 2022/23 was published in March 2024. The report details the findings into children's access to mental health services during the 22/23 year and outlines the access and waiting times for different groups of children, illustrating that demand is increasing beyond the availability of support.

www.childrenscommissioner.gov.uk

Community Mental Health Survey 2023

The Care Quality Commission (CQC) has published its findings from a community mental health survey which looked at the experiences of people who used community mental health services in 2023. Overall themes from their national findings include positive feedback regarding medication reviews and the privacy of care settings. Opportunities for further improvement were identified with regards to the quality of care, crisis care, support whilst waiting, and the planning and involvement in care.

[***NHS Surveys - Focused on patients' experience***](#)

Local Updates

Visiting hours extended across our community hospitals and mental health services

Visiting times across LPT's community hospitals, inpatient wards and units have been extended to support patients' and service-users' health, wellbeing and care. Visiting can now take place between 11am and 8pm at our community hospitals and children and young people's wards. On our adult mental health inpatient wards you can visit patients between 11am and 7pm. If families and carers wish to visit outside of these hours you can talk to the nurse in charge who will help to facilitate your request. Open visiting continues to be in place to support those parents or carers caring for a child or young person, carers who wish to continue their caring responsibilities and families of any patients who are 'end of life'. See more on our website:

<https://www.leicspart.nhs.uk/news/visiting-hours-extended-across-leicestershire-partnership-nhs-trust-community-hospitals-and-mental-health-services/>

Celebrating Excellence Awards

Our annual Celebrating Excellence Awards recognise our exceptional individuals and teams for their dedication and commitment to our vision: 'creating high quality, compassionate care and wellbeing for all' and our values of compassion, respect, integrity and trust. The awards are a superb opportunity to celebrate the significant contribution of LPT's staff and volunteers, and to share their achievements for the wider benefit of patients, service users and staff. We launched the awards' nomination process in March 2024 and closed the process on 13 May. I am pleased to say we received a record 266 nominations. A process of shortlisting and judging will now take place and a sponsored event will take place on the evening of 11 October 2024 to celebrate all finalists.

International Nurses Day celebrations

On Friday 10 May we celebrated International Nurses Day 2024 at a special event at the NSPCC training centre. It was a fantastic and inspiring event with keynote speeches from Jacqueline Barnes, director of nursing for the Midlands, who started our event with a celebration of the nursing workforce, and Felicia Kwaku, associate director of nursing at King's College Foundation Trust and chair of the Chief Nursing Officer's Black and Minority Ethnic Strategic Advisory Group at NHS England, who shared her leadership journey. Many local events also took place with nurses celebrating their great work. Thank-you to all of our amazing nurses, you are invaluable to our LPT family and we hope that every day you feel supported and celebrated for your continued hard work and commitment to the profession.

Mental Health Awareness Week

We celebrated Mental Health Awareness Week (11-18 May) with events happening throughout May across Leicester, Leicestershire and Rutland and system partners to highlight and share the importance of wellbeing and physical activity (this year's theme) and the support that is available. Several items of media coverage were secured with ITV and BBC and local papers throughout the week, highlighting our offer and work with voluntary sector partners. Read more on our website: <https://www.leicspart.nhs.uk/news/get-moving-more-for-your-mental-health/>

Pledges across LLR to tackle health equity for autistic people and people with learning disabilities

Around 70 people working at local football clubs, cafes, care providers and elsewhere across Leicester, Leicestershire and Rutland (LLR) have committed to make physical health services more equitable, for autistic people and people with learning disabilities by becoming Health Equity Champions. As part of their role, the new Health Equity Champions, including representatives from Leicester Tigers, have pledged to provide more inclusive and accessible information, review recruitment processes and look to empower policy changes.

The Champions were recruited at the LLR Learning Disability and Autism (LDA) Collaborative's recent first health equity event to address the stark differences between the health outcomes for the population as a whole and people with a learning disability and autistic people. Statistics show that people with a learning disability have 20 years' shorter life expectancy. The Health Equity Champions have four meetings set up for later this year to establish the network, create a safe space to share ideas, give feedback and most importantly influence decisions within LLR that affect autistic people and people with learning disabilities.

Maternal Mental Health Awareness Week

We took this national week as an opportunity to raise awareness about some of the support available to parents across Leicester, Leicestershire and Rutland, as well as providing tips on ways to support mental wellbeing in early parenthood. Around one in four women are affected by perinatal mental illness during pregnancy or within the first year after birth – and more than two-in-three (around 70%) will hide or underplay maternal mental health difficulties.

Information and tips were provided online through our website and through a series of videos on social media from one of our consultants. <https://www.leicspart.nhs.uk/news/help-is-available-this-maternal-mental-health-awareness-week/>

Football stars launch new gym equipment at Bradgate Unit

Stars from Leicester City Football Club launched a new piece of gym equipment which will help mental health patients with their physical health. The Vichai Srivaddhanaprabha Foundation, which was set up in memory of the club's late owner, donated towards the £5,000 new multi-gym at our Bradgate mental health unit.

Players Patson Daka and Harry Souttar joined club ambassador Alan Birchenall to try out the equipment, which gives the Bradgate's 150 inpatients new options to get or keep fit as part of their mental health recovery. The multi-gym offers a series of weight-based exercises to complement the gym's existing treadmills, cycling and rowing machines during supervised sessions. Free weights cannot be used in the gym for health and safety reasons

New Joy social prescribing website launched

[Joy](#), a free health and wellbeing support website, was launched on Friday 29 March to support people living and working in Leicester, Leicestershire, and Rutland (LLR). Funded by the local NHS, Joy combines services provided by the NHS, local authorities, and the voluntary and community sector all in one place.

Joy offers a diverse range of categories tailored to meet individuals' needs. From fitness and art classes to carer support, diabetes self-help groups, food banks, counselling, and Age UK services, the exciting new website will provide a comprehensive array of services. These services are designed to bolster the communities of Leicester, Leicestershire, and Rutland, setting Joy apart as a unique and engaging non-clinical health and wellbeing support service.

Technology Innovation

David Williams, Director of Strategy and Partnerships presented to technology innovators from New South Wales, Australia in April 2024. Hosted by Health Innovation East Midlands hosted a cohort of innovators from Australia to learn more about the NHS, the innovations in place and the opportunity for partnership working. Ours was the only health system they visited in England. We were able to describe the way we work together within our group model with NHFT, how our collaboratives have delivered change and how we work in partnership with others to innovate and improve care.

College of Clinical Leadership

The Faculty of Medical Leadership and Management (FMLM), established in 2011 by all the UK Medical Royal Colleges and Faculties, is the UK professional home for medical leadership. FMLM

will be transitioning into a pan-UK “College of Clinical Leadership” (CCL). There is an opportunity for the University of Leicester and Leicester, Leicestershire and Rutland NHS partners to become a collective “Vanguard Site” which will shape the development of the new CCL. The CCL is being developed through collaboration, not competition. Selected early adopter sites in all four UK nations can partner with FMLM to help shape the CCL through the sharing of best practice and the opportunity for innovation. These sites will help evolve UK clinical leadership within service delivery in community and hospital-based care.

We expect that LLR will be the only early adopter in England. This is a great opportunity for Leicestershire Partnership Trust to influence the future development of medical leadership. That complements and supports our partnership working with local universities.

Other internal events and celebrations

- We have launched a series of quarterly Leadership Conferences called Leading Together, to support our leaders in ensuring we continue to focus upon compassionate and inclusive working environments for all staff. These are an important part of our culture improvement work alongside the Our Future Our Way programme being lead by our 80 plus change leaders.
- National Day of Staff Networks was celebrated with an online event to acknowledge and celebrate what our staff networks have to offer and the space they provide to support our staff.
- Business Continuity Awareness Week – a number of joint LPT/NHFT workshops took place highlighting the importance of building resilience into our teams to deal with situations efficiently and safely.

Staff leavers

I would like to take this opportunity to formally thank two of our members of the Board, Dr Anne Scott Director of Nursing, AHPs and Quality, and Helen Thompson Director of Families, Young People and Children, Learning Disabilities and Autism services who are both retiring from their posts in the next month. This is their last Trust Board meeting, so thank you to both of them on behalf of the Board for all their hard work and contribution to the Trust, and for making such a significant impact on their respective portfolios.

Relevant External Meetings attended since last Trust Board meeting

Chief Executive and Deputy Chief Executive external meetings

April 2024	May 2024
NHS CEO’s / CFO’s LLR ICB	NHSE leadership event
LLR ICB Confidential Board	Urgent Care Summit LLR
LLR ICB Board	NHS England Operational Planning National Meeting
LLR ICS Chair Interview Stakeholder Panel	LLR System Finance with National NHSE
Deloitte	Nottinghamshire Healthcare NHS Foundation Trust CEO
NHS Providers & NHS England CEO Group	Midlands CEOs, RD NHS Midlands
LLR ICB System Executive Committee - Development session	LLR ICB System Executive Committee meeting
Webinar	NHS Providers Quality & Improvement Conference
Interviews - System Director for Urgent and Emergency Care	Urgent Care Summit
East Midlands Alliance Lead	LLR Integrated Care Board Development Session
CEO Northern Care Alliance NHS Trust	LLR ICB System Exec – Development Session
Regional Finance Director NHSE	LLR LHRP Meeting

April 2024	May 2024
NHS CEOs LLR	Midlands CEO Network Event
LLR QSRM	Health & Wellbeing Board
CEO LLR ICB	
Deputy Director of Operations, Midlands Network	
NHS CEOs LLR	
UEC Delivery Group	
SYNC Meeting	
Together Against Racism	
LLR ICB System Executive Meeting	
UEC External Review Workshops	
Virtual Round Table Social Value	
LRF Exec Board Meeting	
LPT / NHFT Joint working group	
LLR ICB System Executive Committee meeting	

Proposal

It is proposed that the Board considers this report and seeks any clarification or further information pertaining to it as required.

Decision Required

The Board is asked to consider this report and to decide whether it requires any clarification or further information on the content.

Governance Table

For Board and Board Committees:	Trust Board 28 May 2024	
Paper sponsored by:	Angela Hillery, Chief Executive	
Paper authored by:	Kate Dyer, Acting Director of Corporate Governance (LPT) Richard Smith, Director of Corporate Governance (NHFT)	
Date submitted:		
State which Board Committee or other forum within the Trust's governance structure, if any, have previously considered the report/this issue and the date of the relevant meeting(s):	None	
If considered elsewhere, state the level of assurance gained by the Board Committee or other forum i.e. assured/ partially assured / not assured:	n/a	
State whether this is a 'one off' report or, if not, when an update report will be provided for the purposes of corporate Agenda planning	Routine board report	
STEP up to GREAT strategic alignment*:	Great Outcomes	All
	Great Care	
	Great Place to Work	
	Part of the Community	
Organisational Risk Register considerations:	List risk number and title of risk	
Is the decision required consistent with LPT's risk appetite:	Yes	
False and misleading information (FOMI)	None	

considerations:	
Positive confirmation that the content does not risk the safety of patients or the public	Confirmed
Equality considerations:	None