

Neighbourhood Mental Health Cafés



Leicester, Leicestershire
and Rutland

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>Earl Shilton 11am - 1pm & 2pm - 4pm</p> <p>Loughborough 5pm - 10pm</p>	<p>Leicester City 9.30am - 4.30pm</p> <p>Highfields 9.30am - 12:30pm</p> <p>Coalville 10am - 1pm</p> <p>Saffron 10am - 4pm</p> <p>Measham 4pm - 7pm</p>	<p>Market Harborough 12.30pm - 7.30pm</p> <p>Thurnby Lodge 10.30am - 1.30pm</p> <p>Hinckley 1pm - 7pm</p> <p>Peepul Centre 2pm - 7pm</p> <p>Lutterworth 5pm - 8pm</p>	<p>Syston 12noon - 3pm</p> <p>New Parks 12.30pm - 5.30pm</p> <p>Enderby 2.30pm - 8.30pm</p> <p>Coalville 3pm - 6pm</p> <p>Highfields 3pm - 6pm</p> <p>Syston 3.30pm - 6.30pm</p> <p>Oakham 5.30pm - 8.30pm</p>	<p>Lutterworth 9am - 12noon</p> <p>Measham 1pm - 4pm</p> <p>Uppingham 1pm - 4pm</p> <p>Melton 2pm - 8pm</p> <p>Thurnby Lodge 2.30am - 5.30pm</p> <p>Loughborough 5pm - 10pm</p>	<p>New Parks 11.30am - 4.30pm</p>	



Information on the Cafés may be subject to change. For up to date times, locations and days, scan the QR Code or visit:
www.leicspart.nhs.uk/services/neighbourhood-mh-cafes

