



TEAMHUB

NHS

Leicester, Leicestershire
and Rutland

New Parks Neighbourhood Mental Health Café

Drop in support for when you're struggling
to cope

Thursdays, 12.30pm - 5.30pm
Saturdays, 11.30am - 4.30pm

Team Hub CIC, St Oswalds Road,
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Facebook: New Parks Neighbourhood Mental Health Café

For up to date times/dates, scan the QR Code

Neighbourhood
Mental Health

Cafés

For times when you're struggling to cope

