



Jamila's Legacy CIC
Mental Health
Awareness | Resilience | Training

NHS

Leicester, Leicestershire
and Rutland

Thurnby Lodge Mental Health Café

Drop in support for when you're struggling
to cope

Wednesdays, 10.30am - 1.30pm

Fridays, 2.30pm - 5.30pm

Thurnby Lodge Community Centre
Thurncourt Road, Leicester, LE5 2NG

Email: info@jamilaslegacy.co.uk

Phone: 07821 849 336

www.jamilaslegacy.co.uk

For up to date times/dates, scan the QR Code



Neighbourhood
Mental Health
Cafés

