

**TURNING
POINT**

inspired by possibility



NHS

Leicester, Leicestershire
and Rutland

Loughborough Neighbourhood Mental Health Café

Drop in support for when you're struggling
to cope

Provided by Turning Point

Mondays and Fridays, 5pm - 10pm

Loughborough Wellbeing Centre, Ground floor, Asha
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Neighbourhood
Mental Health

Cafés

For times when you're struggling to cope

