

**TURNING  
POINT**

inspired by possibility



**NHS**

Leicester, Leicestershire  
and Rutland

# Market Harborough Neighbourhood Mental Health Café

Drop in support for when you're struggling  
to cope

Provided by Turning Point

Thursdays, 10.30am - 5pm (last entry 4.30pm)  
Congregational Church Centre, Bowden Lane,  
Market Harborough, LE16 7JD

Email: [TPLeicestershireMentalHealthCafe@turning-point.co.uk](mailto:TPLeicestershireMentalHealthCafe@turning-point.co.uk)  
Phone: 07812 509 506

[www.turning-point.co.uk](http://www.turning-point.co.uk)

Neighbourhood  
Mental Health

Cafés

For times when you're struggling to cope

