

**TURNING  
POINT**

inspired by possibility



**NHS**

Leicester, Leicestershire  
and Rutland

# Market Harborough Neighbourhood Mental Health Café

## Drop in support for when you're struggling to cope

Provided by Turning Point

Thursdays, 10.30am - 4.30pm (last entry is 4pm)  
Congregational Church Centre, Bowden Lane,  
Market Harborough, LE16 7JD

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Neighbourhood  
Mental Health

Cafés

For times when you're struggling to cope

